

**[Entwurf] Schulnoten - Empfehlungen Swiss Athletics**

Übersichtstabelle 6. Schuljahr (13j) - Knaben

Note	60m	Hoch	Weit	Ball 200g	1000m
<b>6</b>	<b>9.0</b>	<b>1.30</b>	<b>4.20</b>	<b>39.0</b>	<b>03:42</b>
5.9		1.29	4.16	38.4	03:45
5.8	9.1	1.28	4.11	37.8	03:48
5.7	9.2	1.27	4.07	37.2	03:51
5.6		1.26	4.03	36.6	03:54
<b>5.5</b>	<b>9.3</b>	<b>1.25</b>	<b>4.00</b>	<b>36.0</b>	<b>03:57</b>
5.4	9.4	1.24	3.94	35.0	04:01
5.3		1.23	3.88	34.1	04:04
5.2	9.5	1.22	3.80	33.1	04:07
5.1		1.21	3.75	32.1	04:10
<b>5</b>	<b>9.6</b>	<b>1.20</b>	<b>3.70</b>	<b>31.2</b>	<b>04:13</b>
4.9	9.7	1.19	3.67	30.3	04:16
4.8	9.8	1.18	3.63	29.3	04:19
4.7	9.9	1.17	3.58	28.3	04:22
4.6		1.16	3.54	27.3	04:25
<b>4.5</b>	<b>10.0</b>	<b>1.15</b>	<b>3.50</b>	<b>26.4</b>	<b>04:28</b>
4.4	10.1	1.14	3.46	25.3	04:31
4.3	10.2	1.13	3.41	24.2	04:34
4.2	10.3	1.12	3.38	23.1	04:37
4.1	10.4	1.11	3.34	22.0	04:40
<b>4</b>	<b>10.5</b>	<b>1.10</b>	<b>3.30</b>	<b>21.0</b>	<b>04:43</b>
3.9	10.6	1.09	3.26	20.3	04:46
3.8	10.7	1.08	3.22	19.5	04:49
3.7	10.8	1.07	3.19	18.8	04:51
3.6		1.06	3.14	18.0	04:54
<b>3.5</b>	<b>10.9</b>	<b>1.05</b>	<b>3.10</b>	<b>17.3</b>	<b>04:57</b>
3.4	11.0	1.04	3.06	16.7	05:00
3.3	11.1	1.03	3.02	16.1	05:03
3.2	11.2	1.02	2.99	15.6	05:06
3.1		1.01	2.95	15.0	05:09
<b>3</b>	<b>11.3</b>	<b>1.00</b>	<b>2.90</b>	<b>14.4</b>	<b>05:12</b>
2.9	11.4	0.99	2.85	13.8	05:15
2.8	11.5	0.98	2.81	13.3	05:18
2.7	11.6	0.97	2.77	12.7	05:21
2.6		0.96	2.74	12.2	05:24
<b>2.5</b>	<b>11.7</b>	<b>0.95</b>	<b>2.70</b>	<b>11.6</b>	<b>05:27</b>
2.4	11.8	0.94	2.66	11.2	05:30
2.3	11.9	0.93	2.62	10.8	05:33
2.2	12.0	0.92	2.58	10.4	05:36
2.1		0.91	2.54	9.9	05:39
<b>2</b>	<b>12.1</b>	<b>0.90</b>	<b>2.50</b>	<b>9.5</b>	<b>05:41</b>

Übersichtstabelle 6. Schuljahr (13j) - Mädchen

Note	60m	Hoch	Weit	Ball 200g	1000m
<b>6</b>	<b>9.2</b>	<b>1.20</b>	<b>4.00</b>	<b>25.0</b>	<b>03:46</b>
5.9		1.19	3.93	24.7	03:49
5.8	9.3	1.18	3.87	24.4	03:52
5.7	9.4	1.17	3.83	24.1	03:55
5.6	9.4	1.16	3.79	23.8	03:58
<b>5.5</b>	<b>9.5</b>	<b>1.15</b>	<b>3.80</b>	<b>23.5</b>	<b>04:01</b>
5.4		1.14	3.74	23.0	04:03
5.3	9.6	1.13	3.68	22.5	04:07
5.2	9.7	1.12	3.60	22.0	04:10
5.1	9.8	1.11	3.55	21.5	04:13
<b>5</b>	<b>9.9</b>	<b>1.10</b>	<b>3.50</b>	<b>21.0</b>	<b>04:16</b>
4.9		1.09	3.47	20.4	04:19
4.8	10.0	1.08	3.43	19.8	04:22
4.7	10.1	1.07	3.38	19.2	04:25
4.6	10.2	1.06	3.34	18.6	04:28
<b>4.5</b>	<b>10.3</b>	<b>1.05</b>	<b>3.30</b>	<b>18.0</b>	<b>04:30</b>
4.4	10.4	1.04	3.26	17.4	04:33
4.3	10.5	1.03	3.21	16.8	04:36
4.2	10.6	1.02	3.18	16.2	04:39
4.1	10.7	1.01	3.14	15.6	04:42
<b>4</b>	<b>10.8</b>	<b>1.00</b>	<b>3.10</b>	<b>15.0</b>	<b>04:45</b>
3.9	10.9	0.99	3.06	15.1	04:48
3.8	11.0	0.98	3.02	14.2	04:51
3.7	11.1	0.97	2.99	13.3	05:53
3.6	11.2	0.96	2.94	12.4	04:56
<b>3.5</b>	<b>11.3</b>	<b>0.95</b>	<b>2.90</b>	<b>11.5</b>	<b>04:59</b>
3.4	11.4	0.94	2.86	11.0	05:01
3.3	11.5	0.93	2.82	10.5	05:04
3.2	11.6	0.92	2.79	10.0	05:07
3.1	11.7	0.91	2.75	9.5	05:10
<b>3</b>	<b>11.8</b>	<b>0.90</b>	<b>2.70</b>	<b>9.0</b>	<b>05:13</b>
2.9	11.9	0.89	2.65	8.7	05:16
2.8	12.0	0.88	2.61	8.4	05:19
2.7	12.3	0.87	2.57	8.1	05:22
2.6	12.2	0.86	2.54	7.8	05:25
<b>2.5</b>	<b>12.3</b>	<b>0.85</b>	<b>2.50</b>	<b>7.5</b>	<b>05:28</b>
2.4	12.4	0.84	1.81	7.2	05:31
2.3	12.5	0.83	1.76	6.9	05:34
2.2	12.6	0.82	1.70	6.6	05:37
2.1	12.7	0.81	1.65	6.3	05:40
<b>2</b>	<b>12.8</b>	<b>0.80</b>	<b>1.60</b>	<b>6.0</b>	<b>05:42</b>

## [Entwurf] Schulnoten - Empfehlungen Swiss Athletics

Übersichtstabelle 7. Schuljahr (14j) - Knaben

Note	60m	Hoch	Weit	Kugel <sub>4kg</sub>	Ball 200g	Speer <sub>600g*</sub>	1000m
<b>6</b>	<b>8.9</b>	<b>1.40</b>	<b>4.50</b>	<b>9.50</b>	<b>46.0</b>	<b>32.0</b>	<b>03:28</b>
5.9		1.39	4.43	9.25	45.4	31.3	03:30
5.8	9.0	1.38	4.37	9.00	44.8	30.7	03:33
5.7	9.1	1.37	4.33	8.80	44.2	30.2	03:36
5.6		1.36	4.29	8.70	43.6	29.8	03:39
<b>5.5</b>	<b>9.2</b>	<b>1.35</b>	<b>4.30</b>	<b>8.50</b>	<b>43.0</b>	<b>29.5</b>	<b>03:42</b>
5.4	9.3	1.34	4.24	8.30	42.2	28.8	03:45
5.3		1.33	4.18	8.05	41.4	28.1	03:48
5.2	9.4	1.32	4.10	7.80	40.6	27.6	03:51
5.1		1.31	4.05	7.60	39.8	27.1	03:54
<b>5</b>	<b>9.5</b>	<b>1.30</b>	<b>4.00</b>	<b>7.35</b>	<b>39.0</b>	<b>26.5</b>	<b>03:57</b>
4.9	9.6	1.29	3.97	7.10	38.4	26.2	04:01
4.8	9.7	1.28	3.93	6.90	37.8	25.3	04:04
4.7	9.8	1.27	3.88	6.65	37.2	24.2	04:07
4.6		1.26	3.84	6.40	36.6	23.0	04:10
<b>4.5</b>	<b>9.9</b>	<b>1.25</b>	<b>3.80</b>	<b>6.15</b>	<b>36.0</b>	<b>24.0</b>	<b>04:13</b>
4.4	10.0	1.24	3.76	5.90	35.1	23.5	04:16
4.3	10.1	1.23	3.71	5.70	34.1	22.4	04:19
4.2	10.2	1.22	3.68	5.45	33.1	21.3	04:22
4.1	10.3	1.21	3.64	5.20	32.2	20.4	04:25
<b>4</b>	<b>10.4</b>	<b>1.20</b>	<b>3.60</b>	<b>5.00</b>	<b>31.0</b>	<b>20.5</b>	<b>04:28</b>
3.9	10.5	1.19	3.56	4.80	30.2	20.4	04:31
3.8	10.6	1.18	3.52	4.60	29.3	19.6	04:34
3.7	10.7	1.17	3.49	4.40	28.3	18.9	04:37
3.6		1.16	3.44	4.25	27.4	18.2	04:40
<b>3.5</b>	<b>10.8</b>	<b>1.15</b>	<b>3.40</b>	<b>4.05</b>	<b>26.4</b>	<b>17.4</b>	<b>04:43</b>
3.4	10.9	1.14	3.36	3.90	25.3	17.3	04:46
3.3	11.0	1.13	3.32	3.75	24.2	16.7	04:49
3.2	11.1	1.12	3.29	3.60	23.1	16.0	04:51
3.1		1.11	3.25	3.45	22.0	15.5	04:54
<b>3</b>	<b>11.2</b>	<b>1.10</b>	<b>3.20</b>	<b>3.30</b>	<b>21.0</b>	<b>15.0</b>	<b>04:57</b>
2.9	11.3	1.09	3.15	3.15	20.2	14.8	05:00
2.8	11.4	1.08	3.11	3.05	19.5	14.3	05:03
2.7	11.5	1.07	3.07	2.90	18.8	13.8	05:06
2.6		1.06	3.04	2.80	18.1	13.2	05:09
<b>2.5</b>	<b>11.6</b>	<b>1.05</b>	<b>3.00</b>	<b>2.65</b>	<b>17.3</b>	<b>11.7</b>	<b>05:12</b>
2.4	11.7	1.04	2.91	2.50	16.7	11.2	05:15
2.3	11.8	1.03	2.86	2.40	16.2	10.6	05:18
2.2	11.9	1.02	2.80	2.30	15.6	10.1	05:21
2.1		1.01	2.75	2.15	15.0	9.6	05:24
<b>2</b>	<b>12.0</b>	<b>1.00</b>	<b>2.70</b>	<b>2.00</b>	<b>14.4</b>	<b>9.1</b>	<b>05:27</b>

Übersichtstabelle 7. Schuljahr (14j) - Mädchen

Note	60m	Hoch	Weit	Kugel <sub>3kg</sub>	Ball 200g	Speer <sub>400g</sub>	1000m
<b>6</b>	<b>9.0</b>	<b>1.30</b>	<b>4.2</b>	<b>7.80</b>	<b>30.0</b>	<b>25.0</b>	<b>03:37</b>
5.9		1.29	4.1	8.25	29.7	24.2	03:39
5.8	9.1	1.28	4.1	8.10	29.4	23.6	03:42
5.7	9.2	1.27	4.0	7.95	29.1	22.8	03:45
5.6		1.26	4.0	7.80	28.8	22.2	03:48
<b>5.5</b>	<b>9.3</b>	<b>1.25</b>	<b>4.0</b>	<b>7.70</b>	<b>28.3</b>	<b>24.0</b>	<b>03:51</b>
5.4	9.4	1.24	3.9	7.63	27.8	23.3	03:54
5.3		1.23	3.9	7.56	27.3	20.4	03:57
5.2	9.5	1.22	3.8	7.48	26.8	19.8	04:00
5.1		1.21	3.8	7.39	26.3	21.4	04:03
<b>5</b>	<b>9.6</b>	<b>1.20</b>	<b>3.7</b>	<b>7.30</b>	<b>25.5</b>	<b>21.0</b>	<b>04:06</b>
4.9	9.7	1.19	3.7	7.20	24.4	18.0	04:09
4.8	9.8	1.18	3.6	7.00	23.8	17.2	04:12
4.7	9.9	1.17	3.6	6.85	23.2	16.6	04:15
4.6		1.16	3.5	6.70	22.6	15.8	04:18
<b>4.5</b>	<b>10.0</b>	<b>1.15</b>	<b>3.5</b>	<b>6.60</b>	<b>22.0</b>	<b>18.0</b>	<b>04:21</b>
4.4	10.1	1.14	3.5	6.50	20.4	17.6	04:23
4.3	10.2	1.13	3.4	6.40	19.8	17.1	04:25
4.2	10.3	1.12	3.4	6.30	19.2	16.8	04:27
4.1	10.4	1.11	3.3	6.20	18.6	16.4	04:29
<b>4</b>	<b>10.5</b>	<b>1.10</b>	<b>3.3</b>	<b>6.10</b>	<b>18.0</b>	<b>16.0</b>	<b>04:31</b>
3.9	10.6	1.09	3.3	5.95	18.1	15.8	04:33
3.8	10.7	1.08	3.2	5.80	17.2	15.6	04:36
3.7	10.8	1.07	3.2	5.65	16.3	15.4	04:39
3.6		1.06	3.1	5.50	15.4	15.2	04:42
<b>3.5</b>	<b>10.9</b>	<b>1.05</b>	<b>3.1</b>	<b>5.35</b>	<b>14.5</b>	<b>15.0</b>	<b>04:45</b>
3.4	11.0	1.04	3.1	5.15	14.0	14.8	04:48
3.3	11.1	1.03	3.0	4.95	13.5	14.6	04:51
3.2	11.2	1.02	3.0	4.75	13.0	14.4	04:53
3.1		1.01	3.0	4.55	12.5	14.2	04:56
<b>3</b>	<b>11.3</b>	<b>1.00</b>	<b>2.9</b>	<b>4.35</b>	<b>12.0</b>	<b>14.0</b>	<b>04:59</b>
2.9	11.4	0.99	2.9	4.15	11.7	13.8	05:02
2.8	11.5	0.98	2.8	3.95	11.4	13.6	05:05
2.7	11.6	0.97	2.8	3.75	11.1	13.4	05:08
2.6		0.96	2.7	3.55	10.8	13.2	05:11
<b>2.5</b>	<b>11.7</b>	<b>0.95</b>	<b>2.7</b>	<b>3.35</b>	<b>10.5</b>	<b>13.0</b>	<b>05:14</b>
2.4	11.8	0.94	2.0	3.15	10.2	12.6	05:17
2.3	11.9	0.93	2.0	2.95	9.9	12.3	05:20
2.2	12.0	0.92	1.9	2.75	9.6	12.0	05:23
2.1		0.91	1.9	2.55	9.3	11.5	05:26
<b>2</b>	<b>12.1</b>	<b>0.90</b>	<b>1.8</b>	<b>2.35</b>	<b>9.0</b>	<b>11.0</b>	<b>05:29</b>

## [Entwurf] Schulnoten - Empfehlungen Swiss Athletics

Übersichtstabelle 8. Schuljahr (15j) - Knaben

Note	80m	Hoch	Weit	Kugel <sub>4kg</sub>	Speer <sub>600g</sub>	1000m	3K	4K
<b>6</b>	<b>10.8</b>	<b>1.50</b>	<b>4.70</b>	<b>10.60</b>	<b>34.0</b>	<b>03:19</b>	<b>1525</b>	<b>2033</b>
5.9	10.9	1.49	4.68	10.35	33.3	03:21	1482	1976
5.8	11.0	1.48	4.61	10.10	32.7	03:23	1445	1927
5.7	11.1	1.47	4.53	9.90	32.2	03:25	1408	1877
5.6	11.2	1.46	4.45	9.80	31.8	03:28	1371	1828
<b>5.5</b>	<b>11.3</b>	<b>1.45</b>	<b>4.40</b>	<b>9.60</b>	<b>31.5</b>	<b>03:30</b>	<b>1340</b>	<b>1786</b>
5.4	11.4	1.44	4.35	9.40	30.8	03:33	1300	1733
5.3	11.5	1.43	4.29	9.15	30.1	03:36	1260	1680
5.2	11.6	1.42	4.22	8.90	29.6	03:39	1220	1626
5.1	11.7	1.41	4.15	8.70	29.1	03:42	1180	1573
<b>5</b>	<b>11.8</b>	<b>1.40</b>	<b>4.10</b>	<b>8.45</b>	<b>28.5</b>	<b>03:45</b>	<b>1140</b>	<b>1520</b>
4.9	11.9	1.39	4.05	8.20	28.2	03:48	1097	1463
4.8	12.0	1.38	4.00	8.00	27.3	03:51	1055	1406
4.7	12.1	1.37	3.94	7.75	26.2	03:54	1012	1349
4.6	12.2	1.36	3.89	7.50	25.0	03:57	969	1292
<b>4.5</b>	<b>12.3</b>	<b>1.35</b>	<b>3.80</b>	<b>7.25</b>	<b>26.0</b>	<b>04:01</b>	<b>926</b>	<b>1235</b>
4.4	12.4	1.34	3.72	7.00	25.5	04:04	884	1178
4.3	12.5	1.33	3.65	6.80	24.4	04:07	841	1121
4.2	12.6	1.32	3.58	6.55	23.3	04:10	798	1064
4.1	12.7	1.31	3.49	6.30	22.4	04:14	755	1007
<b>4</b>	<b>12.8</b>	<b>1.30</b>	<b>3.40</b>	<b>6.10</b>	<b>22.5</b>	<b>04:17</b>	<b>713</b>	<b>950</b>
3.9	12.9	1.29	3.32	5.90	22.4	04:19	678	904
3.8	13.0	1.28	3.24	5.70	21.6	04:22	644	859
3.7	13.1	1.27	3.16	5.50	20.9	04:24	610	813
3.6	13.2	1.26	3.08	5.35	20.2	04:26	576	768
<b>3.5</b>	<b>13.3</b>	<b>1.25</b>	<b>3.00</b>	<b>5.15</b>	<b>19.4</b>	<b>04:28</b>	<b>542</b>	<b>722</b>
3.4	13.4	1.24	2.93	5.00	19.3	04:30	513	684
3.3	13.5	1.23	2.85	4.85	18.7	04:32	485	646
3.2	13.6	1.22	2.80	4.70	18.0	04:34	456	608
3.1	13.7	1.21	2.75	4.55	17.5	04:36	428	570
<b>3</b>	<b>13.8</b>	<b>1.20</b>	<b>2.70</b>	<b>4.40</b>	<b>17.0</b>	<b>04:38</b>	<b>399</b>	<b>532</b>
2.9	13.9	1.19	2.62	4.25	16.8	04:40	373	498
2.8	14.0	1.18	2.56	4.15	16.3	04:42	348	464
2.7	14.1	1.17	2.50	4.00	15.8	04:44	322	429
2.6	14.2	1.16	2.45	3.90	15.2	04:46	296	395
<b>2.5</b>	<b>14.3</b>	<b>1.15</b>	<b>2.40</b>	<b>3.75</b>	<b>13.7</b>	<b>04:48</b>	<b>271</b>	<b>361</b>
2.4	14.4	1.14	2.35	3.60	13.2	04:50	245	327
2.3	14.5	1.13	2.29	3.50	12.6	05:52	219	293
2.2	14.6	1.12	2.21	3.40	12.1	04:54	194	258
2.1	14.7	1.11	2.16	3.25	11.6	04:56	168	224
<b>2</b>	<b>14.80</b>	<b>1.10</b>	<b>2.10</b>	<b>3.10</b>	<b>11.1</b>	<b>04:58</b>	<b>143</b>	<b>190</b>

Übersichtstabelle 8. Schuljahr (15j) - Mädchen

Note	80m	Hoch	Weit	Kugel <sub>3kg</sub>	Speer <sub>400g</sub>	1000m	3K	4K
<b>6</b>	<b>11.7</b>	<b>1.35</b>	<b>4.30</b>	<b>8.2</b>	<b>27.0</b>	<b>03:33</b>	<b>1568</b>	<b>2090</b>
5.9	11.8	1.34	4.23	8.7	26.2	03:35	1525	2033
5.8	11.9	1.33	4.17	8.5	25.6	03:37	1488	1984
5.7	12.0	1.32	4.13	8.4	24.8	03:38	1451	1934
5.6	12.1	1.31	4.09	8.2	24.2	03:40	1414	1885
<b>5.5</b>	<b>12.2</b>	<b>1.30</b>	<b>4.10</b>	<b>8.1</b>	<b>23.6</b>	<b>03:42</b>	<b>1382</b>	<b>1843</b>
5.4	12.3	1.29	4.04	8.0	23.1	03:44	1342	1790
5.3	12.4	1.28	3.98	8.0	22.4	03:46	1302	1737
5.2	12.5	1.27	3.90	7.9	21.8	03:49	1263	1683
5.1	12.6	1.26	3.85	7.8	21.0	03:51	1223	1630
<b>5</b>	<b>12.7</b>	<b>1.25</b>	<b>3.80</b>	<b>7.7</b>	<b>20.5</b>	<b>03:53</b>	<b>1183</b>	<b>1577</b>
4.9	12.8	1.24	3.77	7.6	20.0	03:55	1140	1520
4.8	12.9	1.23	3.73	7.4	19.2	03:58	1097	1463
4.7	13.0	1.22	3.68	7.3	18.6	04:00	1055	1406
4.6	13.1	1.21	3.64	7.1	17.8	04:02	1012	1349
<b>4.5</b>	<b>13.2</b>	<b>1.20</b>	<b>3.60</b>	<b>7.0</b>	<b>17.1</b>	<b>04:04</b>	<b>969</b>	<b>1292</b>
4.4	13.3	1.19	3.56	6.9	16.6	04:06	926	1235
4.3	13.4	1.18	3.51	6.8	15.8	04:08	884	1178
4.2	13.5	1.17	3.48	6.7	15.0	04:10	841	1121
4.1	13.6	1.16	3.44	6.6	14.3	04:12	798	1064
<b>4</b>	<b>13.7</b>	<b>1.15</b>	<b>3.40</b>	<b>6.5</b>	<b>13.5</b>	<b>04:14</b>	<b>755</b>	<b>1007</b>
3.9	13.8	1.14	3.36	6.4	12.9	04:16	721	961
3.8	13.9	1.13	3.32	6.2	12.3	04:18	687	916
3.7	14.0	1.12	3.29	6.1	11.7	04:20	653	870
3.6	14.1	1.11	3.24	5.9	11.0	04:22	618	825
<b>3.5</b>	<b>14.2</b>	<b>1.10</b>	<b>3.20</b>	<b>5.8</b>	<b>10.4</b>	<b>04:24</b>	<b>584</b>	<b>779</b>
3.4	14.3	1.09	3.16	5.6	9.9	04:26	556	741
3.3	14.4	1.08	3.12	5.4	9.4	04:28	527	703
3.2	14.5	1.07	3.09	5.2	9.0	04:30	499	665
3.1	14.6	1.06	3.05	5.0	8.5	04:32	470	627
<b>3</b>	<b>14.7</b>	<b>1.05</b>	<b>3.00</b>	<b>4.8</b>	<b>8.1</b>	<b>04:34</b>	<b>442</b>	<b>589</b>
2.9	14.8	1.04	2.95	4.6	7.8	04:36	416	555
2.8	14.9	1.03	2.91	4.4	7.5	04:39	390	521
2.7	15.0	1.02	2.87	4.2	7.2	04:42	365	486
2.6	15.1	1.01	2.84	4.0	6.9	04:45	339	452
<b>2.5</b>	<b>15.2</b>	<b>1.00</b>	<b>2.80</b>	<b>3.8</b>	<b>6.6</b>	<b>04:48</b>	<b>314</b>	<b>418</b>
2.4	15.3	0.99	2.76	3.6	6.3	04:51	288	384
2.3	15.4	0.98	2.73	3.4	6.0	04:54	262	350
2.2	15.5	0.97	2.68	3.2	5.7	04:57	237	315
2.1	15.6	0.96	2.65	3.0	5.4	05:00	211	281
<b>2</b>	<b>15.7</b>	<b>0.95</b>	<b>2.60</b>	<b>2.8</b>	<b>5.1</b>	<b>05:03</b>	<b>185</b>	<b>247</b>

## [Entwurf] Schulnoten - Empfehlungen Swiss Athletics

Übersichtstabelle 9. Schuljahr (16j) - Knaben

Note	80m	Hoch	Weit	Kugel <sub>5kg</sub>	Speer <sub>600g</sub>	1000m	3K	4K
<b>6</b>	<b>10.6</b>	<b>1.55</b>	<b>5.10</b>	<b>10.50</b>	<b>37.0</b>	<b>03:13</b>	<b>1667</b>	<b>2223</b>
5.9	10.7	1.54	4.98	10.25	36.3	03:15	1625	2166
5.8	10.8	1.53	4.90	10.00	35.7	03:16	1587	2117
5.7	10.9	1.52	4.82	9.80	35.2	03:17	1550	2067
5.6	11.0	1.51	4.75	9.70	34.8	03:18	1513	2018
<b>5.5</b>	<b>11.1</b>	<b>1.50</b>	<b>4.68</b>	<b>9.50</b>	<b>34.0</b>	<b>03:19</b>	<b>1482</b>	<b>1976</b>
5.4	11.2	1.49	4.60	9.30	33.3	03:21	1442	1923
5.3	11.3	1.48	4.52	9.05	32.6	03:23	1402	1870
5.2	11.4	1.47	4.43	8.80	32.1	03:25	1362	1816
5.1	11.5	1.46	4.35	8.60	31.6	03:28	1322	1763
<b>5</b>	<b>11.6</b>	<b>1.45</b>	<b>4.27</b>	<b>8.35</b>	<b>31.0</b>	<b>03:30</b>	<b>1283</b>	<b>1710</b>
4.9	11.7	1.44	4.18	8.10	30.2	03:33	1240	1653
4.8	11.8	1.43	4.09	7.90	29.3	03:36	1197	1596
4.7	11.9	1.42	4.00	7.65	28.2	03:39	1154	1539
4.6	12.0	1.41	3.90	7.40	27.0	03:42	1112	1482
<b>4.5</b>	<b>12.1</b>	<b>1.40</b>	<b>3.81</b>	<b>7.15</b>	<b>28.0</b>	<b>03:45</b>	<b>1069</b>	<b>1425</b>
4.4	12.2	1.39	3.72	6.90	27.0	03:48	1026	1368
4.3	12.3	1.38	3.63	6.70	25.9	03:51	983	1311
4.2	12.4	1.37	3.54	6.45	24.8	03:54	941	1254
4.1	12.5	1.36	3.44	6.20	23.9	03:57	898	1197
<b>4</b>	<b>12.6</b>	<b>1.35</b>	<b>3.35</b>	<b>6.00</b>	<b>24.0</b>	<b>04:01</b>	<b>855</b>	<b>1140</b>
3.9	12.7	1.34	3.28	5.80	23.4	04:04	821	1094
3.8	12.8	1.33	3.20	5.60	22.7	04:07	787	1049
3.7	12.9	1.32	3.13	5.40	21.9	04:10	752	1003
3.6	13.0	1.31	3.05	5.25	21.2	04:14	718	958
<b>3.5</b>	<b>13.1</b>	<b>1.30</b>	<b>2.97</b>	<b>5.05</b>	<b>20.4</b>	<b>04:17</b>	<b>684</b>	<b>912</b>
3.4	13.2	1.29	2.91	4.90	19.8	04:19	656	874
3.3	13.3	1.28	2.85	4.75	19.2	04:22	627	836
3.2	13.4	1.27	2.78	4.60	18.6	04:24	599	798
3.1	13.5	1.26	2.72	4.45	18.0	04:26	570	760
<b>3</b>	<b>13.6</b>	<b>1.25</b>	<b>2.65</b>	<b>4.30</b>	<b>17.5</b>	<b>04:28</b>	<b>542</b>	<b>722</b>
2.9	13.7	1.24	2.60	4.15	16.8	04:30	516	688
2.8	13.8	1.23	2.56	4.05	16.3	04:32	490	654
2.7	13.9	1.22	2.50	3.90	15.8	04:34	465	619
2.6	14.0	1.21	2.45	3.80	15.2	04:36	439	585
<b>2.5</b>	<b>14.1</b>	<b>1.20</b>	<b>2.40</b>	<b>3.65</b>	<b>13.7</b>	<b>04:38</b>	<b>413</b>	<b>551</b>
2.4	14.2	1.19	2.35	3.50	13.2	04:40	388	517
2.3	14.3	1.18	2.29	3.40	12.6	04:42	362	483
2.2	14.4	1.17	2.21	3.30	12.1	04:44	336	448
2.1	14.5	1.16	2.16	3.15	11.6	04:46	311	414
<b>2</b>	<b>14.60</b>	<b>1.15</b>	<b>2.10</b>	<b>3.00</b>	<b>11.1</b>	<b>04:48</b>	<b>285</b>	<b>380</b>

Übersichtstabelle 9. Schuljahr (16j) - Mädchen

Note	80m	Hoch	Weit	Kugel <sub>3kg</sub>	Speer <sub>400g</sub>	1000m	3K	4K
<b>6</b>	<b>11.6</b>	<b>1.35</b>	<b>4.40</b>	<b>8.9</b>	<b>29.0</b>	<b>03:29</b>	<b>1667</b>	<b>2223</b>
5.9	11.7	1.34	4.33	8.8	28.2	03:31	1625	2166
5.8	11.8	1.33	4.27	8.7	27.6	03:33	1587	2117
5.7	11.9	1.32	4.23	8.6	26.8	03:35	1550	2067
5.6	12.0	1.31	4.19	8.4	26.2	03:37	1513	2018
<b>5.5</b>	<b>12.1</b>	<b>1.30</b>	<b>4.20</b>	<b>8.3</b>	<b>25.6</b>	<b>03:38</b>	<b>1482</b>	<b>1976</b>
5.4	12.2	1.29	4.14	8.2	25.1	03:40	1442	1923
5.3	12.3	1.28	4.08	8.2	24.4	03:42	1402	1870
5.2	12.4	1.27	4.00	8.1	23.8	03:44	1362	1816
5.1	12.5	1.26	3.95	8.0	23.0	03:46	1322	1763
<b>5</b>	<b>12.6</b>	<b>1.25</b>	<b>3.90</b>	<b>7.9</b>	<b>22.5</b>	<b>03:49</b>	<b>1283</b>	<b>1710</b>
4.9	12.7	1.24	3.87	7.8	22.0	03:51	1240	1653
4.8	12.8	1.23	3.83	7.7	21.2	03:53	1197	1596
4.7	12.9	1.22	3.78	7.5	20.6	03:55	1154	1539
4.6	13.0	1.21	3.74	7.3	19.8	03:58	1112	1482
<b>4.5</b>	<b>13.1</b>	<b>1.20</b>	<b>3.70</b>	<b>7.1</b>	<b>19.1</b>	<b>04:00</b>	<b>1069</b>	<b>1425</b>
4.4	13.2	1.19	3.66	7.0	18.6	04:02	1026	1368
4.3	13.3	1.18	3.61	6.9	17.8	04:04	983	1311
4.2	13.4	1.17	3.58	6.8	17.0	04:06	941	1254
4.1	13.5	1.16	3.54	6.7	16.3	04:08	898	1197
<b>4</b>	<b>13.6</b>	<b>1.15</b>	<b>3.50</b>	<b>6.6</b>	<b>15.5</b>	<b>04:10</b>	<b>855</b>	<b>1140</b>
3.9	13.7	1.14	3.46	6.5	14.9	04:12	821	1094
3.8	13.8	1.13	3.42	6.4	14.3	04:14	787	1049
3.7	13.9	1.12	3.39	6.2	13.7	04:16	752	1003
3.6	14.0	1.11	3.34	6.1	13.0	04:18	718	958
<b>3.5</b>	<b>14.1</b>	<b>1.10</b>	<b>3.30</b>	<b>6.0</b>	<b>12.4</b>	<b>04:20</b>	<b>684</b>	<b>912</b>
3.4	14.2	1.09	3.26	5.8	11.9	04:22	656	874
3.3	14.3	1.08	3.22	5.6	11.4	04:24	627	836
3.2	14.4	1.07	3.19	5.4	11.0	04:26	599	798
3.1	14.5	1.06	3.15	5.2	10.5	04:28	570	760
<b>3</b>	<b>14.6</b>	<b>1.05</b>	<b>3.10</b>	<b>5.0</b>	<b>10.1</b>	<b>04:30</b>	<b>542</b>	<b>722</b>
2.9	14.7	1.04	3.05	4.8	9.8	04:33	516	688
2.8	14.8	1.03	3.01	4.6	9.5	04:36	490	654
2.7	14.9	1.02	2.97	4.4	9.2	04:39	465	619
2.6	15.0	1.01	2.94	4.2	8.9	04:42	439	585
<b>2.5</b>	<b>15.1</b>	<b>1.00</b>	<b>2.90</b>	<b>4.0</b>	<b>8.6</b>	<b>04:45</b>	<b>413</b>	<b>551</b>
2.4	15.2	0.99	2.86	3.8	8.3	04:48	388	517
2.3	15.3	0.98	2.83	3.6	8.0	04:51	362	483
2.2	15.4	0.97	2.78	3.4	7.7	04:54	336	448
2.1	15.5	0.96	2.75	3.2	7.4	04:57	311	414
<b>2</b>	<b>15.6</b>	<b>0.95</b>	<b>2.70</b>	<b>3.0</b>	<b>7.1</b>	<b>05:00</b>	<b>285</b>	<b>380</b>



Notenvorschlag Mädchen  
4. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	15	09:25	3.1	120	20
5.75	15.35	09:45	2.95		18.5
5.5	15.7	10:05	2.8	115	17
5.25	16.05	10:25	2.65		16
5	16.4	10:45	2.5	110	15
4.75	16.75	11:05	2.4		14
4.5	17.1	11:25	2.3	105	13
4.25	17.45	11:45	2.2		12
4	17.8	12:05	2.1	100	11
3.75	18.15	12:25	2		10
3.5	18.5	12:45	1.9	95	9
3.25	18.85	13:05	1.8		8
3	19.2	13:25	1.7	90	7
2.75	19.55	13:45	1.65		6
2.5	19.9	14:05	1.6	85	5
2.25	20.25	14:25	1.55		4.5
2	20.6	14:45	1.5	80	4

5. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	14	09:10	3.4	125	23
5.75	14.35	09:30	3.25	120	21.5
5.5	14.7	09:50	3.1	115	20
5.25	15.05	10:10	2.95		18.5
5	15.4	10:30	2.8	110	17
4.75	15.75	10:50	2.65		15.5
4.5	16.1	11:10	2.5	105	14
4.25	16.45	11:30	2.4		13
4	16.8	11:50	2.3	100	12
3.75	17.15	12:10	2.2		11
3.5	17.5	12:30	2.1	95	10
3.25	17.85	12:50	2		9
3	18.2	13:10	1.9	90	8
2.75	18.55	13:30	1.8		7
2.5	18.9	13:50	1.7	85	6
2.25	19.25	14:10	1.65		5
2	19.6	14:30	1.6	80	4

6. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	13.3	08:55	3.7	125	26
5.75	13.65	09:15	3.55		24.5
5.5	14	09:35	3.4	120	23
5.25	14.35	09:55	3.25		21.5
5	14.7	10:15	3.1	115	20
4.75	15.05	10:35	2.95		18.5
4.5	15.4	10:55	2.8	110	17
4.25	15.75	11:15	2.65		15.5
4	16.1	11:35	2.5	105	14
3.75	16.45	11:55	2.4		12.5
3.5	16.8	12:15	2.3	100	11
3.25	17.15	12:35	2.2		10
3	17.5	12:55	2.1	95	9
2.75	17.85	13:15	2		8
2.5	18.2	13:35	1.9	90	7
2.25	18.55	13:55	1.8		6
2	18.9	14:15	1.7	85	5

### 7. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	12.8	08:40	4	130	30
5.75	13.15	09:00	3.85	125	28
5.5	13.5	09:20	3.7	120	26
5.25	13.85	09:40	3.55		24
5	14.2	10:00	3.4	115	22
4.75	14.55	10:20	3.25		20.5
4.5	14.9	10:40	3.1	110	19
4.25	15.25	11:00	2.95		17.5
4	15.6	11:20	2.8	105	16
3.75	15.95	11:40	2.65		14.5
3.5	16.3	12:00	2.5	100	13
3.25	16.65	12:20	2.35		11.5
3	17	12:40	2.2	95	10
2.75	17.35	13:00	2.1		9
2.5	17.7	13:20	2	90	8
2.25	18.05	13:40	1.9		7
2	18.4	14:00	1.8	85	6

### 8. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	12.3	08:25	4.2	130	33
5.75	12.65	08:45	4.05		31
5.5	13	09:05	3.9	125	29
5.25	13.35	09:25	3.75		27
5	13.7	09:45	3.6	120	25
4.75	14.05	10:05	3.45		23
4.5	14.4	10:25	3.3	115	21
4.25	14.75	10:45	3.15		19.5
4	15.1	11:05	3	110	18
3.75	15.45	11:25	2.85		16.5
3.5	15.8	11:45	2.7	105	15
3.25	16.15	12:05	2.55		13.5
3	16.5	12:25	2.4	100	12
2.75	16.85	12:45	2.25		11
2.5	17.2	13:05	2.1	95	10
2.25	17.55	13:25	2		8.5
2	17.9	13:45	1.9	90	7

### 9. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	11.8	08:10	4.3	135	36
5.75	12.15	08:30	4.15		34
5.5	12.5	08:50	4	130	32
5.25	12.85	09:10	3.85		30
5	13.2	09:30	3.7	125	28
4.75	13.55	09:50	3.55		26
4.5	13.9	10:10	3.4	120	24
4.25	14.25	10:30	3.25		22
4	14.6	10:50	3.1	115	20
3.75	14.95	11:10	2.95		18.5
3.5	15.3	11:30	2.8	110	17
3.25	15.65	11:50	2.65		15.5
3	16	12:10	2.5	105	14
2.75	16.35	12:30	2.35		12.5
2.5	16.7	12:50	2.2	100	11
2.25	17.05	13:10	2.1		9.5
2	17.4	13:30	2	95	8



## Notenvorschlag Knaben

### 4. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	14.1	09:00	3.5	120	30
5.75	14.45	09:20	3.35		27.5
5.5	14.8	09:40	3.2	115	26
5.25	15.15	10:00	3.05		24
5	15.5	10:20	2.9	110	22
4.75	15.85	10:40	2.8		20
4.5	16.2	11:00	2.7	105	18
4.25	16.55	11:20	2.6		16.5
4	16.9	11:40	2.5	100	15
3.75	17.25	12:00	2.4		13.5
3.5	17.6	12:20	2.3	95	12
3.25	17.95	12:40	2.2		11
3	18.3	13:00	2.1	90	10
2.75	18.65	13:20	2		9
2.5	19	13:40	1.9	85	8
2.25	19.35	14:00	1.8		7
2	19.7	14:20	1.7	80	6

### 5. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	13.1	08:40	3.8	125	35
5.75	13.45	09:00	3.65		32.5
5.5	13.8	09:20	3.5	120	30
5.25	14.15	09:40	3.35		27.5
5	14.5	10:00	3.2	115	25
4.75	14.85	10:20	3.05		23
4.5	15.2	10:40	2.9	110	21
4.25	15.55	11:00	2.8		19
4	15.9	11:20	2.7	105	17
3.75	16.25	11:40	2.6		15.5
3.5	16.6	12:00	2.5	100	14
3.25	16.95	12:20	2.4		12.5
3	17.3	12:40	2.3	95	11
2.75	17.65	13:00	2.2		10
2.5	18	13:20	2.1	90	9
2.25	18.35	13:40	2		8
2	18.7	14:00	1.9	85	7

### 6. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	12.4	08:20	4.1	130	40
5.75	12.75	08:40	3.95		37
5.5	13.1	09:00	3.8	125	34
5.25	13.45	09:20	3.65		31.5
5	13.8	09:40	3.5	120	29
4.75	14.15	10:00	3.35		26.5
4.5	14.5	10:20	3.2	115	24
4.25	14.85	10:40	3.05		22
4	15.2	11:00	2.9	110	20
3.75	15.55	11:20	2.75		18
3.5	15.9	11:40	2.6	105	16
3.25	16.25	12:00	2.5		14.5
3	16.6	12:20	2.4	100	13
2.75	16.95	12:40	2.3		11.5
2.5	17.3	13:00	2.2	95	10
2.25	17.65	13:20	2.1		9
2	18	13:40	2	90	8

### 7. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	11.8	08:00	4.4	135	45
5.75	12.15	08:20	4.25	130	42
5.5	12.5	08:40	4.1	125	39
5.25	12.85	09:00	3.95		36
5	13.2	09:20	3.8	120	33
4.75	13.55	09:40	3.65		30.5
4.5	13.9	10:00	3.5	115	28
4.25	14.25	10:20	3.35		24.5
4	14.6	10:40	3.2	110	23
3.75	14.95	11:00	3.05		21
3.5	15.3	11:20	2.9	105	19
3.25	15.65	11:40	2.75		17
3	16	12:00	2.6	100	15
2.75	16.35	12:20	2.45		13
2.5	16.7	12:40	2.3	95	11
2.25	17.05	13:00	2.15		10
2	17.4	13:20	2	90	9

### 8. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	11.1	07:40	4.7	135	50
5.75	11.45	08:00	4.55		47
5.5	11.8	08:20	4.4	130	44
5.25	12.15	08:40	4.25		41.5
5	12.5	09:00	4.1	125	38
4.75	12.85	09:20	3.95		35.5
4.5	13.2	09:40	3.8	120	33
4.25	13.55	10:00	3.65		30.5
4	13.9	10:20	3.5	115	28
3.75	14.25	10:40	3.35		25.5
3.5	14.6	11:00	3.2	110	23
3.25	14.95	11:20	3.05		20.5
3	15.3	11:40	2.9	105	18
2.75	15.65	12:00	2.75		16
2.5	16	12:20	2.6	100	14
2.25	16.35	12:40	2.45		12
2	16.7	13:00	2.3	95	10

### 9. Klasse

Note	80m	2000m	Weitsprung	Hochsprung	Weitwurf 200g
	[s]	[min:sek]	[m]	[cm]	[m]
6	10.5	07:20	5	140	55
5.75	10.85	07:40	4.85		52
5.5	11.2	08:00	4.7	135	49
5.25	11.55	08:20	4.55		46
5	11.9	08:40	4.4	130	43
4.75	12.25	09:00	4.25		40
4.5	12.6	09:20	4.1	125	37
4.25	12.95	09:40	3.95		34
4	13.3	10:00	3.8	120	31
3.75	13.65	10:20	3.65		28.5
3.5	14	10:40	3.5	115	26
3.25	14.35	11:00	3.35		23
3	14.7	11:20	3.2	110	21
2.75	15.05	11:40	3.05		18.5
2.5	15.4	12:00	2.9	105	16
2.25	15.75	12:20	2.75		13.5
2	16.1	12:40	2.6	100	11