

Zeittafel 1000m

100m	200m	300m	400m	500m	600m	700m	800m	900m	1000m
24.00	48.00	1:12.00	1:36.00	2:00.00	2:24.00	2:48.00	3:12.00	3:36.00	4:00.00
23.50	47.00	1:10.50	1:34.00	1:57.50	2:21.00	2:44.50	3:08.00	3:31.50	3:55.00
23.00	46.00	1:09.00	1:32.00	1:55.00	2:18.00	2:41.00	3:04.00	3:27.00	3:50.00
22.50	45.00	1:07.50	1:30.00	1:52.50	2:15.00	2:37.50	3:00.00	3:22.50	3:45.00
22.00	44.00	1:06.00	1:28.00	1:50.00	2:12.00	2:34.00	2:56.00	3:18.00	3:40.00
21.50	43.00	1:04.50	1:26.00	1:47.50	2:09.00	2:30.50	2:52.00	3:13.50	3:35.00
21.00	42.00	1:03.00	1:24.00	1:45.00	2:06.00	2:27.00	2:48.00	3:09.00	3:30.00
20.50	41.00	1:01.50	1:22.00	1:42.50	2:03.00	2:23.50	2:44.00	3:04.50	3:25.00
20.00	40.00	1:00.00	1:20.00	1:40.00	2:00.00	2:20.00	2:40.00	3:00.00	3:20.00
19.50	39.00	58.50	1:18.00	1:37.50	1:57.00	2:16.50	2:36.00	2:55.50	3:15.00
19.00	38.00	57.00	1:16.00	1:35.00	1:54.00	2:13.00	2:32.00	2:51.00	3:10.00
18.50	37.00	55.50	1:14.00	1:32.50	1:51.00	2:09.50	2:28.00	2:46.50	3:05.00
18.00	36.00	54.00	1:12.00	1:30.00	1:48.00	2:06.00	2:24.00	2:42.00	3:00.00
17.50	35.00	52.50	1:10.00	1:27.50	1:45.00	2:02.50	2:20.00	2:37.50	2:55.00
17.00	34.00	51.00	1:08.00	1:25.00	1:42.00	1:59.00	2:16.00	2:33.00	2:50.00
16.50	33.00	49.50	1:06.00	1:22.50	1:39.00	1:55.50	2:12.00	2:28.50	2:45.00
16.00	32.00	48.00	1:04.00	1:20.00	1:36.00	1:52.00	2:08.00	2:24.00	2:40.00
15.50	31.00	46.50	1:02.00	1:17.00	1:33.00	1:48.50	2:04.00	2:19.50	2:35.00
15.00	30.00	45.00	1:00.00	1:15.00	1:30.00	1:45.00	2:00.00	2:15.00	2:30.00